

Canolfan Blant Blynyddoedd Cynnar Dechrau'n Deg

Flying Start Early Years Children Centre



GIG
CYMRU
NHS
WALES

Bwrdd Iechyd Prifysgol
Hywel Dda
University Health Board



January - April 2025

Monday

**Mwncis
Menter Group**
1pm – 3pm
Commencing
27.01.2025

Tuesday

**WALLICH DROP
IN**
12.30 – 2.30pm

14.01.2025
11.02.2025
11.03.2025
08.04.2025

Wednesday

**Baby Voice
Group**

TBC

**Wellies in the
Woods**
1pm – 3pm

22.01.2025 –
12.03.2025

Thursday

**Baby Massage
& Tummy Time**
9.30am –
11.30am

Commencing
16.01.2025

Food Bank

TBC

Friday

**Health Visitor
Drop in clinic**
(Term time only)

Tap, Tap & Chat
(0 – 16 months)
9.15- 10.15 am

**Messy
Play/Weaning
Group.**
10.15am-11am

Tiny Talkers
(16 months – 3
years)
11.30-12.30am

**Supporting
Carmarthenshire**
9.30 – 11.30am
17.01.2025
21.02.2025
21.03.2025

For more information contact Sara or Luisa
on **07813393659 / 07813393648**

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