



Cymunedau am Waith  
Communities for Work +



# FREE family activity and information day

A range of **FREE children's activities** including Active story time, Arts & Crafts, Active Skills.

Also Information stalls around, health and wellbeing, childcare, child development, ways into work and much more!

**Book here to attend!**



For more information contact Amber on  
**ambdaniels@carmarthenshire.gov.uk**  
**07974 600112**

Children must be accompanied and supervised by an adult at all times.

**14 February  
2024**

**10am-1pm  
Ffwrnes Theatre  
Llanelli**

**FREE  
giveaways!**



**Healthy snack  
provided**



Cyluno: creu cyfleoedd drwy ddiwylliant  
Fusion: creating opportunities through culture



Bwrd Iechyd Prifysgol  
Hywel Dda  
University Health Board

Cyngor Sir Gâr  
Carmarthenshire  
County Council



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# Diwrnod gweithgareddau a gwybodaeth AM DDIM i'r teulu

Amrywiaeth o weithgareddau  
**plant AM DDIM**, gan gynnwys  
Amser Stori Weithredol, Celf a  
Chrefft, Sgiliau Gweithredol.

Hefyd stondinau gwybodaeth o  
gwmpas, iechyd a lles, gofal plant,  
datblygiad plant, ffyrdd i mewn i'r  
gwaith a llawer mwy!

Archebwch yma  
i fynychu!



Am fwy o wybodaeth cysylltwch ag  
Amber ar [ambdaniels@sirgar.gov.uk](mailto:ambdaniels@sirgar.gov.uk)  
**07974 600112**

Rhaid i blant fod yng nghwmni  
oedolyn a'u goruchwyliau bob amser.

Chwefror 14  
2024

10am-1pm  
Theatr Ffwrnes  
Llanelli

Rhoddion  
**AM DDIM!**



Darperir  
byrbryd iach



Cyfleo: creu cyfleoedd drwy ddiwylliant  
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